



Brain, Aging, and Behaviour Analysis

E-804-CLBA

6 ECTS (45 hours)

In this course, students are introduced to the emerging field of clinical behaviour analysis. Topics covered include behavioural medicine, behavioural psychotherapy (e.g., Acceptance and Commitment Therapy (ACT) and behavioural activation), behaviour-analytic perspectives on depression and anxiety and the central role of derived relational responding in human suffering, contingency management for substance abuse and health related behaviour change, and contemporary interest in small-N and single-case research designs. Topics are addressed through a combination of lectures and in-class guided discussions and readings.

Teaching Methods:

Lectures, in-class individual and group activities.

Learning Outcomes

At the end of the semester students will be able to:

Knowledge:

- Define and provide examples of some key, contemporary applications of behaviour analysis to problems of social importance.

Skills:

- Demonstrate skills in the evaluation of arguments, both moral and empirical, for a behaviour analytic world view of contemporary issues.

Competence:

- Differentiate between the behaviour analytic and non-behaviour analytic approaches to behavioural phenomena, and evaluate the place of behavioural theorizing in modern society and in clinical intervention.

Assessment: Participation, homework assignment, review quizzes.